

Provider Interview Questions

Questions to ask before committing to a therapist or provider

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Use this checklist when interviewing ABA, speech, OT, or other therapy providers.

BASICS & LOGISTICS

- What's your experience with children like mine (age, diagnosis, needs)?
- What does a typical session look like?
- How many hours per week do you recommend, and why?
- What's your current availability? Waitlist?
- Do you take my insurance? What will my out-of-pocket cost be?
- What's your cancellation policy?
- Where do sessions take place (home, clinic, school)?

TREATMENT APPROACH

- What methodology or approach do you use?
- How do you set goals? Will I be involved in goal-setting?
- How do you measure progress? How often will I see data?
- How do you handle challenging behaviors?
- What does parent involvement look like?
- Will you teach me strategies to use at home?

TEAM & SUPERVISION

- Who will be working directly with my child?
- What are their qualifications and experience?
- How is the team supervised?
- What's your staff turnover rate?
- Can I meet the person who will work with my child before starting?
- Can I observe a session?

COMMUNICATION & RED FLAGS

- How will you communicate with me about progress and concerns?
- How do you coordinate with other providers (school, other therapists)?
- What happens if I disagree with a recommendation?
- Under what circumstances would you recommend ending services?