

Visual Schedule Template

A customizable daily routine template for your child

The Autism Parent Roadmap • autica.app

Print and customize. Add pictures/icons for each activity. Use velcro to move items to "Done."

MORNING ROUTINE

<p>[Add Picture]</p> <p>Wake Up</p>	<p>[Add Picture]</p> <p>Bathroom</p>	<p>[Add Picture]</p> <p>Get Dressed</p>
<p>[Add Picture]</p> <p>Eat Breakfast</p>	<p>[Add Picture]</p> <p>Brush Teeth</p>	<p>[Add Picture]</p> <p>Get Backpack</p>

AFTER SCHOOL

<p>[Add Picture]</p> <p>Snack</p>	<p>[Add Picture]</p> <p>Homework</p>	<p>[Add Picture]</p> <p>Play Time</p>
<p>[Add Picture]</p> <p>Dinner</p>	<p>[Add Picture]</p> <p>Bath</p>	<p>[Add Picture]</p> <p>Bedtime</p>

Tips for Success

- Use real photos of your child doing each activity when possible
- Keep it simple: 5-8 items maximum per section
- Review the schedule together each morning and after school